

#### FIELD OF APPLICATION

##### Use of mouth and nose cover (so called community masks)

The mouth-nose cover is not a personal protective equipment. It serves as a mechanical barrier for possible exhalation of corona virus SARS CoV-2 and thus protects the persons to whom you will possibly come too close (external protection).

The Federal Institute for Drugs and Medical Devices (BfArM) describes the effect as follows ([Quote, translated version](#))

*Users of the "community masks" described above cannot rely on these masks to protect them or others against transmission of SARS-CoV-2, as no corresponding protective effect has been demonstrated for these masks. Despite these restrictions, suitable masks as clothing can help to reduce the speed of respiratory flow or droplet emission, e.g. when coughing, and visibly support the awareness of "social distancing" and health-related careful treatment of oneself and others. In this way, they or their carriers can contribute to reducing the further spread of SARS-CoV-2.*

#### RISK TO PEOPLE



Incorrect use of mouth-nose covers may result in the risk of

- spreading of contaminations and
- additional exposure of the mouth-nose coverings with bacteria and fungi



The mouth-nose cover protects others and is not used for self-protection, i.e.

- Wearing a mouth-nose-cover shall not give a misleading feeling of safety and lead to disregard the basic rules (distance, hygiene, behaviour in case of illness)

#### PROTECTION MEASURES AND RULES OF CONDUCT



- Stay at home in case of symptoms of sickness/illness, contact a doctor, inform supervisors and discuss further measures
- Observe the sneezing and coughing rules, a proper hand hygiene and keeping distance (at least 1.5 metres from other persons)



- Before wearing the mouth-nose cover, wash your hands thoroughly (20-30 seconds) with soap
- When putting on the mask, make sure that mouth and nose are covered up to the chin and that the margins are as close as possible, if necessary press the nose clip tightly into place.



- Change the mouth-nose cover at the latest when it is moistured by breathing air
- Während des Tragens das Berühren der Bedeckung vermeiden (nicht anfassen und nicht verschieben)
- Beim Abnehmen der Mund-Nase-Bedeckung möglichst nicht die Außenseite berühren: in die seitlichen Laschen oder Schnüre greifen und die Mund-Nase-Bedeckung vorsichtig abnehmen
- Nach Abnehmen der Mund-Nase-Bedeckung gründlich (20-30 Sekunden) die Hände mit Seife waschen

#### FIRST AID



- Auf den eigenen Schutz achten
- Atemschutzmaske aufsetzen
- Hände vorher waschen oder desinfizieren, falls dies nicht möglich ist, Einmalhandschuhe tragen (bei Versorgung von Wunden immer Einmalhandschuhe tragen)
- Dem Verunfallten ggf. die MNB abnehmen
- Atemspende nur über Beatmungshilfen
- Nehmen Sie anschließend Kontakt mit dem Betriebsarzt/Betriebsärztlichen Dienst / Stabsstelle AGU auf

#### INSPECTION, STORAGE, CLEANING AND PROPER DISPOSAL

- Nach der Verwendung die Mund-Nasen-Bedeckung bis zum Waschen luftdicht (z. B. in einem separaten Beutel) aufbewahren oder ggf. direkt in einem Beutel verpackt entsorgen.
- Nach Verwendung die Mund-Nase-Bedeckung luftdicht aufbewahren (z.B. in einem separaten Beutel) und reinigen (Waschen bei 60°-95° C, Bügeln bei hohen Temperaturen, 5 Minuten in Wasser kochen, Achtung: nicht in die Mikrowelle geben (Metallbügel))

#### COUNSELLING

- Erfolgt durch Stabsstelle AGU / Betriebsärztlichen Dienst