

FIELD OF APPLICATION

Use of mouth and nose cover (so called community masks)

The mouth-nose cover is not a personal protective equipment. It serves as a mechanical barrier for possible exhalation of the coronavirus SARS CoV-2 and thus protects the persons to whom you will possibly come too close (external protection).

The Federal Institute for Drugs and Medical Devices (BfArM) describes the effect as follows ([Quote, translated version](#))

Users of the "community masks" described above cannot rely on these masks to protect them or others against the transmission of SARS-CoV-2, as no corresponding protective effect has been demonstrated for these masks. Despite these restrictions, suitable masks as clothing can help to reduce the speed of respiratory flow or droplet emission, e.g. when coughing and visibly supporting the awareness of "social distancing" and health-related careful treatment of oneself and others. In this way, they or their carriers can contribute to reducing the further spread of SARS-CoV-2.

RISK TO PEOPLE



Incorrect use of mouth-nose covers may result in the risk of

- spreading of contaminations and
- additional exposure of the mouth-nose covers with bacteria and fungi



The mouth-nose cover protects others and is not used for self-protection, i.e.

- wearing a mouth-nose cover shall not give a misleading feeling of safety and lead to disregard the basic rules (distance, hygiene, behaviour in case of illness)

PROTECTION MEASURES AND RULES OF CONDUCT



- Stay at home when feeling ill or having symptoms of sickness, contact a doctor, inform supervisors and discuss further measures
- Observe the sneezing and coughing rules, a proper hand hygiene and keeping distance (at least 1.50 metres from other persons)
- Before wearing the mouth-nose cover, wash your hands thoroughly (20-30 seconds) with soap
- When putting on the mask, make sure that mouth and nose are covered up to the chin and that the margins are as close as possible to the face, if necessary press the nose clip tightly into place
- Change the mouth-nose cover at the latest when it is moisturised by breathing air
- Do not touch the cover while wearing (do not touch and do not move)
- When removing the mouth-nose cover, try not to touch the outside: grip into the side tabs or cords and carefully remove the mouth-nose cover
- Wash your hands thoroughly (20-30 seconds) with soap after removing the mouth-nose cover

FIRST AID



- Ensure your own protection
- Wear a respiratory mask
- Wash or disinfect hands beforehand, if this is not possible, wear disposable gloves (always wear disposable gloves when treating wounds)
- If necessary, remove the mouth-nose cover
- Rescue breathing is only allowed using respiratory aids
- Afterwards, contact the company doctor / company medical service / AGU unit

INSPECTION, STORAGE, CLEANING AND PROPER DISPOSAL

- After usage, store the mouth-nose cover in an airtight container (e.g. in a separate bag) until washing or, if necessary, dispose of it directly in a bag.
- After usage, store the mouth-nose cover airtight (e.g. in a separate bag) and clean it, (wash at 60°-95° C, iron at high temperature, boil in water for 5 minutes, attention: do not put the cover in the microwave (metal bracket))

COUNSELLING

- Provided by the AGU unit / company medical service