

Rules of conduct for persons infected with Covid-19 and recommendations for contact persons

The infection and health protection of the persons present on campus is our highest priority at the South Westphalia University of Applied Sciences. Thus, the regulations listed below will apply. It is not allowed to enter the university facilities during ¹isolation. In the case of continuing ability to work, employees should carry out the individual work in the home office as far as organisational, spatial and social framework is given.

In the case of incapacity for work or service, the reporting procedure must also be observed, for further information please see https://www.fh-swf.de/media/neu_np/hv_1/sg12/intern_85/AU-Merkblatt_Abwesenheit.pdf

Rules of conduct	
Scenario	Isolation regulations (according to the ban on entering the university)
Isolation in case of suspected and proven infection	
<p>Suspected case of infection (positive self-test or symptoms³)</p> <p>→ Please observe the reporting procedure in the case of incapacity for work: https://www.fh-swf.de/media/neu_np/hv_1/sg12/intern_85/AU-Merkblatt_Abwesenheit.pdf</p>	<p>¹Isolation (in the context of the ban on entering the university facilities in accordance with the German Corona Test Regulations until the <u>control test result is available</u>):</p> <p>→ negative test result: ¹termination of isolation → positive test result: you are not allowed to enter the university (cf. persons tested positive for COVID-19)</p>
<p>Persons tested positive for COVID-19</p> <p>According to § 10 of the German Corona Test Quarantine Regulations, persons tested positive must immediately inform all persons they know with whom they have had close personal contact during the two days preceding the test and up to the receipt of the test result.</p> <p>→ Please observe the reporting procedure in the case of incapacity for work: https://www.fh-swf.de/media/neu_np/hv_1/sg12/intern_85/AU-Merkblatt_Abwesenheit.pdf</p>	<p>End of isolation (ban on entering the university) after 10 days, starting from the first onset of symptoms (in particular dyspnoea, onset of cough, fever and loss of smell or taste) if there is a maximum of 48 hours between the first onset of symptoms and the first positive test, or after the first positive test (PCR test or previous rapid test).</p> <p><u>Precondition for an end of isolation after 5 days:</u> Isolation can be terminated prematurely by a negative test using a rapid corona test or PCR test carried out on the fifth day of isolation at the earliest. (No self-test for laypersons.)</p> <ul style="list-style-type: none"> - negative rapid test = end of isolation - PCR test (CT value higher than 30) = end of isolation - PCR test (CT value equal 30 or below 30) = no end of isolation (new chance to terminate isolation prematurely after 24 hours) <p>Proof of the test must be kept for at least 1 month.</p> <p><u>Recommendation according to § 8 (6) of the German Corona Test Quarantine Regulations</u> <i>"Even after isolation has terminated, continuous wearing of a medical mask is recommended, especially in contact with vulnerable persons until the tenth day from the day of the first onset of symptoms or the first positive test."</i></p>
Recommendations for close contact persons	
<p>⁴Close contact persons</p>	<p>No ban on entering the university.</p> <p>According to § 11 (1) of the German Corona Test Quarantine Regulations, close contacts with other persons, especially indoors and in larger groups, are recommended to be avoided for five days and, if possible, to work in the home office. Furthermore, contact reduction, self-monitoring (paying special attention to symptoms as well as measuring body temperature, daily use of self-tests and citizen testing) and wearing at least a medical mask when in contact with other persons is recommended until the fifth day.</p> <p><u>Test obligation for close contacts according to § 11 (2) of the German Corona Test Quarantine Regulations:</u> <i>"If symptoms occur within the first ten days after contact with the person tested positive, these persons are obliged to perform a test immediately."</i></p> <p>→ see recommendations for persons infected.</p>

Please contact coronavirus@fh-swf.de in the case of questions.

University regulations according to the German General Entry Requirements		
Area	Quarantine regulations after arrival in Germany	Releasing from isolation / quarantine by submitting a negative test result / Exceptions
Area of variants of concern	² End of quarantine after 14 days	Exception according to § 4 (2) No.2: If the person arriving in Germany has been fully vaccinated against the SARS-CoV-2 coronavirus with a vaccine which the Robert Koch Institute has confirmed and expressly announced on its website with reference to this regulation that this vaccine is sufficiently effective against the virus variant for which the classification as an area of variants of concern has been made.)
High risk area	² End of quarantine after 10 days	No ² quarantine for fully immunised persons after submitting proof of immunisation to the competent authority.

The list of high risk areas / areas of variants of concern can be found on the website of the Robert Koch Institute
https://www.rki.de/DE/Content/InfAZ/N/Neuartiges_Coronavirus/Risikogebiete_neu.html

Definitions:

¹Isolation: concerns persons infected

²Quarantine: concerns contact persons

³Symptoms of a possible infection with Covid-19:

In particular shortness of breath, onset of cough, fever and loss of smell or taste

⁴Close contact persons:

*"Persons tested positive must immediately inform all persons they know with whom they have had close personal contact during the **two day** preceding the test and up to the receipt of the result. These are those persons with whom there was contact for a period of more than ten minutes and at a distance of less than 1.5 metres without both wearing a mask, or persons with whom a poorly ventilated or unventilated room was shared for a longer period."*